

Empowering Children with Sensory Modulation Disorder: The “A SECRET” Framework

2 CE HOURS / .2 CEUs

PDH Academy Course #OT-1701

Course Abstract

This evidence-based course provides occupational therapists with a framework for intervention for children with Sensory Modulation Disorder: the A SECRET framework.

Target audience: Occupational Therapists, Occupational Therapy Assistants (no prerequisites).

NOTE: Links provided within the course material are for informational purposes only. No endorsement of processes or products is intended or implied.



This course is offered for 0.2 CEUs (Intermediate level; Category 1 - Domain of OT: Activity Demands; Category 2 - Occupational Therapy Process: Intervention).

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Learning Objectives

At the end of this course, learners will be able to:

- Trace the rationale behind the development of A SECRET
- Differentiate between the seven elements of A SECRET, with attention to the evidence behind each
- Identify interventions that support each element of A SECRET
- Recognize how elements of A SECRET apply to specific case studies

Timed Topic Outline

- I. Introduction (20 minutes)
- II. Background (10 minutes)
- III. The Seven Elements of A SECRET (60 minutes)
- IV. The A SECRET Blueprint (5 minutes)
- V. A SECRET Case Studies (15 minutes)
- VI. Conclusion, References, and Exam (10 minutes)

Delivery & Instructional Method

Distance Learning – Independent. Correspondence/internet text-based self-study, including a provider-graded multiple choice final exam.

To earn continuing education credit for this course, you must achieve a passing score of 80% on the final exam.

Registration & Cancellation

Visit www.pdhtherapy.com to register for online courses and/or request correspondence courses.

As PDH Academy offers self-study courses only, provider cancellations due to inclement weather, instructor no-shows, and/or insufficient enrollment are not concerns. In the unlikely event that a self-study course is temporarily unavailable, already-enrolled participants will be notified by email. A notification will also be posted on the relevant pages of our website.

Customers who cancel orders within five business days of the order date receive a full refund. Cancellations can be made by phone at (888)564-9098 or email at support@pdhacademy.com.

Accessibility and/or Special Needs Concerns?

Contact Customer Service by phone at (888)564-9098 or email at support@pdhacademy.com.

Course Author Bio & Disclosure

Doreit S. Bialer, OTD, MA, OTR, received BS and Advanced Masters degrees in Occupational Therapy from New York University and a Post-Professional Doctorate in Occupational Therapy from Rocky Mountain University in the area of Pediatric Science. Dr. Bialer holds certifications in Neurodevelopmental Therapy in both Pediatrics and Adults and in the Administrations and Interpretation of the Sensory Integration and Praxis Tests. She is also a certified Pilates Mat Instructor and holds a Personal Training Certification from Hofstra University Academy of Applied Personal Training Education (AAPTE).

Dr. Bialer is an experienced seminar leader, educational adjunct instructor, and lecturer, providing numerous clinical workshops across the country on the topics of Sensory Processing Disorder, School Based Therapy, and Therapeutic Pilates. She has presented at the National Symposiums for Sensory Processing Disorder and Autism, where she had the honor of being part of an established host of speakers including Dr. Temple Grandin and Dr. Lucy Jane Miller. She has taught both undergraduate and graduate students in occupational therapy programs at New York University, New York Institute of Technology, and at Touro College in New York; she has also been an independent provider and consultant to school districts and preschools, working as a clinician, director, and supervisor to many occupational therapists and certified occupational therapy assistants. She is the co-author, with Dr. Lucy Jane Miller, of *No Longer A SECRET; Unique Common-sense Strategies for Children with Sensory and Motor Challenges*, published by Sensory World, 2011 (Future Horizons). In addition, she is a private practitioner working in Locust Valley, New York, where her goal is to help children and families successfully function and participate in the home, school, and community.

DISCLOSURES: Financial – Doreit S. Bialer received a stipend as the author of this course. Nonfinancial – No relevant nonfinancial relationship exists.