

Occupational Therapy and Healthy Aging in Place

4 CE HOURS / .4 CEUs

PDH Academy Course #OT-1802

Course Abstract

This course provides an overview of Occupational Therapy's role in healthy aging in place, with attention to diagnoses, terminology and procedures, and process. It concludes with case studies.

Target audience: Occupational Therapists, Occupational Therapy Assistants (no prerequisites).

NOTE: Links provided within the course material are for informational purposes only. No endorsement of processes or products is intended or implied.



This course is offered for 0.4 CEUs (Intermediate level; Category 2 – Occupational Therapy Process: Evaluation; Category 2 – Occupational Therapy Process: Intervention; Category 2 – Occupational Therapy Process: Outcomes).

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Learning Objectives

At the end of this course, learners will be able to:

- Differentiate between common chronic diseases associated with aging
- Identify terminology and procedures pertaining to aging
- Recognize roles of occupational therapy in healthy aging in place
- Recall elements of three aging-focused case studies

Timed Topic Outline

I. Common Chronic Diseases Associated with Aging (90 minutes)

Type 2 Diabetes Mellitus (DMII), Arthritis, Dementia / Alzheimer's, Urinary Tract Infection (UTI) and Sepsis, Respiratory Disorders, Cardiovascular Disease, Low Vision, Osteoporosis, Mental / Behavioral Health

II. Common Terminology (10 minutes)

III. Role of Occupational Therapy in Healthy Aging in Place (45 minutes)

Overview, Settings, Areas Addressed, Process

IV. Case Studies (75 minutes)

V. Conclusion, Additional Resources, References, and Exam (20 minutes)

Delivery & Instructional Method

Distance Learning – Independent. Correspondence/internet text-based self-study, including a provider-graded multiple choice final exam.

To earn continuing education credit for this course, you must achieve a passing score of 80% on the final exam.

Registration & Cancellation

Visit www.pdhtherapy.com to register for online courses and/or request correspondence courses.

As PDH Academy offers self-study courses only, provider cancellations due to inclement weather, instructor no-shows, and/or insufficient enrollment are not concerns. In the unlikely event that a self-study course is temporarily unavailable, already-enrolled participants will be notified by email. A notification will also be posted on the relevant pages of our website.

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Accessibility and/or Special Needs Concerns?

Contact Customer Service by phone at (888)564-9098 or email at support@pdhacademy.com.

Course Author Bio & Disclosure

Midge (Annamaria) Hobbs, OTR/L, originally from the UK, graduated with an MA in Occupational Therapy from Tufts University, Boston MA in 2005. She spent the following ten years working in long-term acute care gaining experience as a clinician, educator, and manager. In 2010, Midge was selected for the inaugural cohort of AOTA's Emerging Leaders Development Program (ELDP). Since then she has continued to amplify AOTA's leadership initiatives by serving the Emerging Leaders Development Committee (ELDC) as Chairperson and as a member of AOTA's Volunteer Leadership Development Committee (VLDC). She is currently the Editor of AOTA's A Mindful Path to Leadership, a new online self-paced leadership development course, and she co-authored Module 3: Mentoring and Leadership with current AOTA president, Amy Lamb.

Midge is currently employed as a consultant for internship development in the adolescent residential psychiatric programs at Sheppard Pratt Hospital in Baltimore MD, an adjunct professor at the MGH Institute of Health Professions in Boston, and a clinician at local rehab and assisted living facilities. Midge is also enrolled at Thomas Jefferson University for her post-professional OTD with a specialty in teaching in the digital age. In her limited spare time she watches English soccer and eats a lot of popcorn.

DISCLOSURES: Financial – Midge (Annamaria) Hobbs received a stipend as the author of this course.
Nonfinancial – No relevant nonfinancial relationship exists.