

## **Emotional Processing and Trauma-Informed Care in Pediatric Occupational Therapy**

3 CE HOURS / .3 CEUs

### **PDH Academy Course #OT-1902**

#### **Course Abstract**

This course examines trauma's effect on emotional processing, demystifying some of the emotional behaviors encountered by pediatric occupational therapists. It reviews theories of behavior, touches on the different stages of emotional development and its overlaps with sensory processing, and examines the importance of play. It continues with a discussion of tools for assessment and intervention, and closes with a "meltdown recipe."

Target audience: Occupational Therapists, Occupational Therapy Assistants (no prerequisites).

*NOTE: Links provided within the course material are for informational purposes only. No endorsement of processes or products is intended or implied.*



This course is offered for 0.3 CEUs (Intermediate level; Category 2 – Occupational Therapy Process: Evaluation; Category 2 – Occupational Therapy Process: Intervention; Category 2 – Occupational Therapy Process: Outcomes).

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

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#### **Learning Objectives**

At the end of this course, learners will be able to:

- Differentiate between behavioral theorists
- Identify stages of emotional processing, with attention to attachment behavior
- Distinguish between thinkers and theories pertaining to play
- Recognize factors that influence the development of play skills, and identify emotional themes in play
- Recall assessments and interventions relevant to trauma-informed care
- Identify elements of the "meltdown recipe"

#### **Timed Topic Outline**

I. Trauma and Trauma-Informed Care: An Introduction

II. Emotional Development and Behavior (45 minutes I-II)

The Role of Emotion in Learning Behavior: Theories and Thoughts; Developmental Stages of Emotional Processing; Overlap between Sensory Processing and Emotional Processing

III. Play in the World of Children (60 minutes)

Play is the "Work" of the Child; Developing Play Skills; Emotional Themes in Play

IV. Assessment and Intervention (60 minutes)

Assessment; Intervention; The Meltdown Recipe

## V. Conclusion, References, and Exam (15 minutes)

### **Delivery & Instructional Method; Completion Requirements**

Distance Learning – Independent. Correspondence/internet text-based self-study, including a provider-graded multiple choice final exam.

*To earn continuing education credit for this course, you must achieve a passing score of 80% on the final exam.*

### **Registration & Cancellation**

Visit [www.pdhtherapy.com](http://www.pdhtherapy.com) to register for online courses and/or request correspondence courses.

As PDH Academy offers self-study courses only, provider cancellations due to inclement weather, instructor no-shows, and/or insufficient enrollment are not concerns. In the unlikely event that a self-study course is temporarily unavailable, already-enrolled participants will be notified by email. A notification will also be posted on the relevant pages of our website.

Customers who cancel orders within five business days of the order date receive a full refund. Cancellations can be made by phone at (888)564-9098 or email at [support@pdhacademy.com](mailto:support@pdhacademy.com).

### **Accessibility and/or Special Needs Concerns?**

Contact Customer Service by phone at (888)564-9098 or email at [support@pdhacademy.com](mailto:support@pdhacademy.com).

### **Course Author Bio & Disclosure**

Maude Le Roux, OTR/L, SIPT, RCTC, DIR® Certificate, Clinical Director at A Total Approach, is an accomplished occupational therapist with great affinity for learning and understanding the human brain.

She was born and raised in South Africa, and graduated from the University of Stellenbosch in Cape Town in 1984. Maude married Charl Le Roux in 1986 and moved to the USA in 1993. Together, they opened A Total Approach in September 2001. Maude is SIPT certified and specializes in Sensory Integration services as it applies to functional activities of daily living, including improving the ability of any child to partake in his/her learning environment. She also holds a certificate in DIR®/Floortime™, and is a certified Tomatis Consultant.

Maude has presented her Tomatis work in Dublin, Greece, France and Panama. Maude is an international trainer in Tomatis Sound Therapy, DIR®/Floortime through ICDL, Interactive Metronome, Cellfield Reading Intervention, as well as for the courses she had developed herself. She has participated in multiple national and international speaking engagements with regards to the field of sensory integration, Autism and Attachment. Maude serves on the board for ATTACH. She has published two books, *The Listening Journey for Children* and *Our Greatest Allies*, available through [www.amazon.com](http://www.amazon.com).

**DISCLOSURES:** Financial – Maude Le Roux received a stipend as the author of this course. Nonfinancial – No relevant nonfinancial relationship exists.